

Our Ref: CGO/nh/PSHE

28th September, 2016



Dear Parents/Carers,

As part of Personal, Social, Health and Economic (PSHE) education, all students take part in a series of Sex and Relationship Education (SRE) lessons. These focus mainly on explaining and preparing students for the physical and emotional changes associated with puberty. They also consider the changing nature of a range of relationships, including friendship, family relationships and intimate relationships and the issue of consent.

Topics which will be covered include: the changing nature of friendship throughout puberty; relationships with parents and other adults and how the emotional changes during puberty may impact on these; the physical changes during puberty; as a background to this, the natural appearance of, and the appropriate terminology for the sexual parts of the body (including teaching about female genital mutilation (FGM), also known as female circumcision, cutting or sunna) and the issue of consent.

The purpose of SRE at Torpoint Community College is: to prepare students for the physical and emotional changes of growing up; to give them the knowledge and skills to make informed and healthy choices; to build their confidence and skills to deal with situations they may encounter and to help them to stay safe and know where and how to ask for help if needed. At times, carefully chosen external visitors and speakers may contribute to the programme. In these cases, lesson content will be agreed in advance and visitors will always be supervised by a member of College staff.

We believe that the SRE programme helps us to achieve these aims. If you have concerns, or would like to discuss the matter further, please make an appointment to meet with Mrs Goodman, Curriculum Lead for PSHE education.

Yours sincerely,

C. E. Goodman

Mrs C Goodman
CLoL PSHEe



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