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Coronavirus (COVID-19)

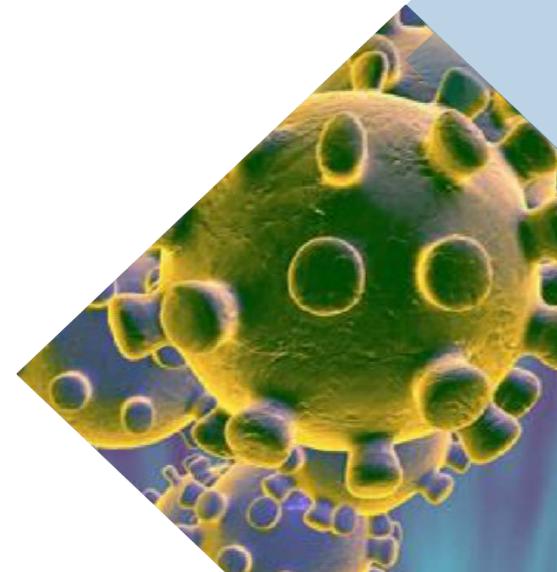
What is Coronavirus?

- Coronaviruses (CoV) are a large family of viruses that cause illness ranging from the common cold to more severe diseases
- Typical symptoms of Covid-19 include fever and a cough that may progress to a severe pneumonia causing shortness of breath and breathing difficulties.
- Generally, coronavirus can cause more severe symptoms in people with weakened immune systems, older people, and those with long-term conditions

Coronavirus

BBC News- 5 things you need to know video

<https://www.bbc.co.uk/news/av/health-51470859/coronavirus-in-the-uk-5-things-you-need-to-know-about-covid-19>





Should I be concerned?

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- Currently the risk level is Moderate
- By Sunday morning Coronavirus cases in the UK rose to 273 from 209 on Saturday – the biggest rise yet. A total of 23,513 people have been tested so far in the UK
- By Sunday morning 2 people have died in the UK – an 83 year old man and a woman in her 70s who both had underlying health problems.
- People have been asked to self quarantine if they have been to affected areas, such as the lockdown areas in China and Northern Italy
- The government will contact us if there is a change in circumstances and we will let you and your parents know
- There is no need to panic, the government and NHS are prepared



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Coronavirus: Ukraine protesters attack buses carrying China evacuees

- Don't spread misinformation - it's harmful and hurtful to others
- Make sure you get information from trusted sources, such as BBC News and NHS

Japanese doctors treating COVID-19 cases. Everyone should ensure your mouth & throat is moist, never DRY.

What's spreading faster than coronavirus in the US? Racist assaults and ignorant attacks against Asians

Chinatown is a GHOST Town: Coronavirus panic leaves London's Chinese district almost empty after first confirmed case of deadly bug in the capital

 **Ken Cheng** ✓
@kengchengcomedy

less than 0.001% of chinese people have coronavirus yet more than 99.999% have already experienced coronaracism

♡ 234 11:31 AM - Jan 28, 2020

80 people are talking about this





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Some common myths

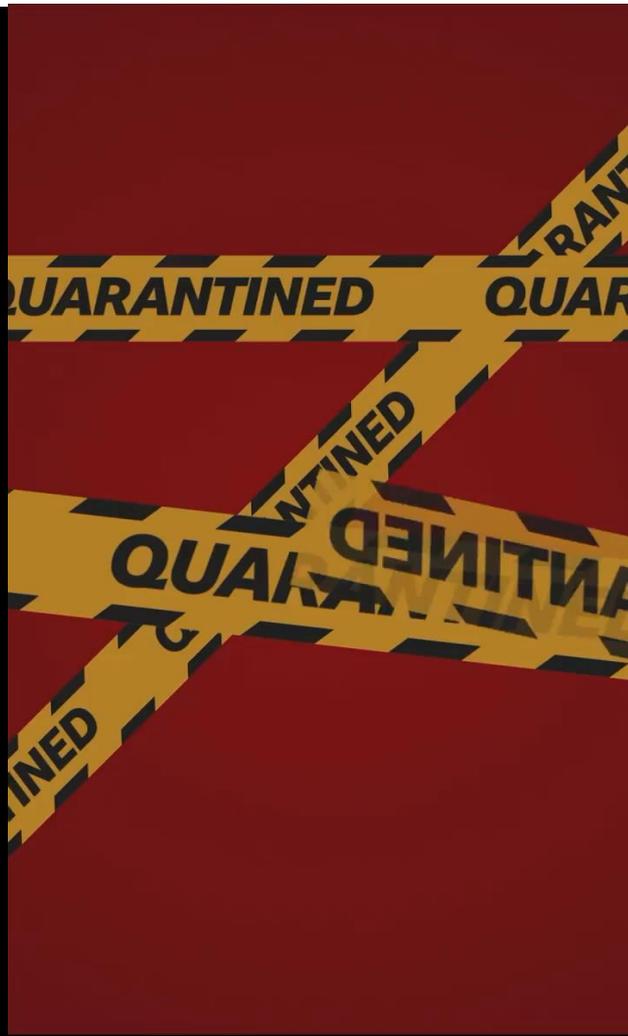
Myth	Truth
It's not safe to open packages from China	It's safe, the virus can't survive on objects, such as letters and boxes.
Getting COVID-19 is a death sentence	Around 81% of people who are infected with the coronavirus have mild cases of COVID-19 and will recover
Face masks don't work	Masks are effective at capturing droplets, which is the main transmission route of coronavirus
Eating garlic will help prevent infection	Though garlic is healthy, there is no evidence that it has prevented people from getting Covid-19



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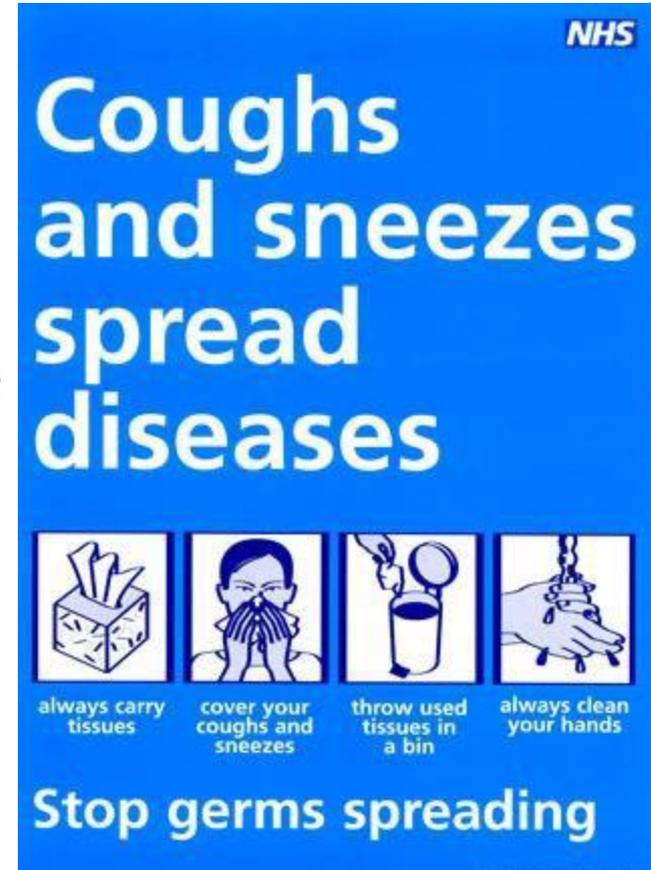
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Why are some people self isolating?



What can I do?

- Wash your hands regularly
- Use hand sanitiser
- Dispose of your tissues after use
- Maintain at least 1 metre (3 feet) distance between yourself and anyone who is coughing or sneezing





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NHS

Coughs and sneezes spread diseases



always carry tissues



cover your coughs and sneezes



throw used tissues in a bin



always clean your hands

Stop germs spreading



How germs spread

£,!

cough or sneeze.

=:!)

BIN IT

Germs can live for several hours on tissues. Dispose of your tissue as soon as possible.



KILL IT

Hands can transfer germs to every surface you touch. Clean your hands as soon as you can.



NHS

If you want more information:

- **Look at trusted and reliable sources**
- NHS <https://www.nhs.uk/conditions/coronavirus-covid-19/>
- BBC News <https://www.bbc.co.uk/news>
- World Health Organisation
<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>