



NEWSLETTER

Wednesday 21st July 2021



UPCOMING EVENTS

ACADEMIC YEAR 2020/2021

SUMMER TERM: 19TH APRIL- 21ST JULY

Please see the Head Teacher's message regarding the phased return to College in September 2021.

HEADTEACHER'S MESSAGE Dr Jeremy Plumb

Dear Parent/Carer

We are now at the end of another very interesting and challenging Academic Year and I would like to take this opportunity, on behalf of the staff and governors, to thank you for all your support this year. As we approach the summer holidays, I know your children are looking forward to a well-deserved break with much greater freedom than they have experienced in recent times!

Further to my letter of 8th July regarding the government's announcements on its easing of the coronavirus restrictions, this letter sets out our plans for the start of the new Academic Year in September. This is based on the latest operational guidance published by the government for educational settings.

Our aim is to resume as normal an educational experience as is possible with year group bubbles finally removed and children having the opportunity to mix and interact with other year groups. All food and drink will be served from the dining hall at both break and lunch times, and there will be a significant uplift in extra-curricular activities available.

Torpoint Community College Vacancies

Please note the College are advertising the current vacancies:

^{hj}
Assistant Caretaker – 20 hours a week

Catering Supervisor – 25.5 hours a week

Receptionist/Admin Assistant – 37 hours a week.

Further details including how to apply can be found [here](#).



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Continue headteacher's message...

As part of the government's plans, we have been asked to set up an Asymptomatic Test Site (ATS) at the College to complete two supervised lateral flow tests, 3 to 5 days apart, for all students when they return from their summer holidays in September. Students will have potentially been mixing with lots of people over the summer break and it is known that testing participation rates amongst students via ATS are much higher than when testing at home. This is seen as an essential part of the government's strategy to prevent significant transmission of the coronavirus in education settings at the start of the new term.

This presents some logistical challenges in respect of our capacity to test the whole school and ensuring year groups are kept separate before their first test thereby maintaining the integrity of the process. There is an option for testing to commence three days before the College officially starts the term; however, this presents its own challenges in respect of getting all children into the College out of term time and the subsequent disruption caused when they do return to school and identifying and extracting those students not tested out of lessons.

I have therefore made the decision for a phased return to school in September as outlined below:

Tuesday 7th September - First day for Year 12 and 13:

Year 12 at 0900hrs – Students to go to the Sixth Form Common Room
Year 13 at 1100hrs - Students to go to the Sixth Form Common Room

Wednesday 8th September – First day for Year 7 – Students to go to the College's Main Hall

Thursday 9th September – First day for Year 11 – Students to go to the YMCA Sports Hall

Friday 10th September – First day for Year 10 - Students to go to the YMCA Sports Hall

Thursday 16th September – First day for Year 9 - Students to go to the YMCA Sports Hall

Friday 17th September – First day for Year 8 - Students to go to the YMCA Sports Hall.



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Continue headteacher's message...

I apologise for any potential disruption this may cause you, but it is important we maintain a robust testing process to minimise the risk of coronavirus transmission. Remote learning will be in place from 8th September for those students not in school. Can I also ask that you encourage your child to continue twice-weekly testing at home for the rest of this term and in the autumn, following the two initial on-site tests.

As shared with you in my last letter, the College will retain some COVID-19 control measures and as a minimum it will continue to:

- Ensure good hygiene for everyone
- Provide an enhanced cleaning regime (two daytime cleaners)
- Keep occupied spaces well ventilated
- Follow public health advice on testing, self-isolation and managing confirmed cases of COVID-19.

Children will, at this time, be permitted to continue wearing a face covering for their own wellbeing or if they are vulnerable and this will be subject to ongoing review.

A detailed information booklet has been produced to help both you and your child prepare for the start of the autumn term which can be found [here](#).

Have a lovely summer break, please stay safe and I very much look forward to welcoming back all our students in early September.

Yours sincerely

Dr Jeremy Plumb
Headteacher



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Sports News at TCC

Congratulations to Poppy Northcott and Katie Blair who recently competed in the Cornwall Schools Athletics Championships.

Poppy won the 100m and 200m for the u15 girls and got the qualifying time for the English school standard in the 100m.

Katie Blair was 3rd in the 800m. Well done girls!





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Athletics Success

Congratulations to Poppy Northcott who qualified for the English Schools Athletics Championships and travelled up to compete at Manchester earlier this month.

Poppy came 3rd in her 100m heat with a time that qualified her for the final, where she was 7th overall, achieving a new PB.

Poppy has the inter counties at the weekend where she will be hurdling as well as sprinting, so good luck to Poppy!



Our College teams have really missed training and competing this year after the successes of the previous years in Plymouth and Cornwall.

Let's hope we can get back to team training asap for next season.

Miss Milford



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Student Leadership Election Results!

After a rigorous selection process, we have the pleasure of appointing the following students to leadership roles:

Head Student Leaders

Charlie Mason
Charlie Brown

Deputy Student Leaders

Amelia Wotton
Lilly Carhart-Williams



Student Leaders are part of the Student Council and take on a number of leadership roles throughout the year ranging from interviewing candidates for potential positions within the College to public speaking during open evenings.

Well done to all who took part and to our new leadership team.

Careers



Virtual Work Experience Opportunities

It was a great shame that Covid restrictions prevented physical work experience placements taking place for Year 10 students this year. Year 10 and 12 students can use the Springpod website to find out about virtual work experience placements with a variety of employers and companies www.springpod.co.uk

Don't forget that all students can now login to Unifrog – this is a fantastic website for all your careers related research. www.unifrog.org



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THE RICHARD FEAST MEMORIAL MILE



FRIDAY 16TH JULY
2021



Mr Feast was a much loved former student and Head of Science at Torpoint Community College who sadly passed away at a young age in 2014.

To remember his contribution to the College, we ran the "Memorial Mile" in order to purchase a statue to mark the legacy of his time here at TCC.

Since we have started the "Memorial Mile", staff and students at Torpoint Community College have raised nearly £20,000 which helped purchase the statue especially made for Mr Feast (of a fish because of his love for fishing) and for other local charities. You can see the statue located at the front of the College.

Since then we run/walk/move around the mile course to remember his time here and to bring the College community together.

This year staff and students ran or walked the mile in their year groups on a very hot day indeed! Well done to everyone that took part!





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Year 12 Transition Day

On Thursday 8th July the Sixth Form had the pleasure of welcoming next year's Year 12 students in for their Transition Day.

This was an opportunity for the students to get a taste of the post-16 courses they will be studying in September, meet some of their tutors and enjoy one of our Catering Manager's very best BBQs.

We were also delighted to include a session led by Dwain Morgan from the National Citizenship Service and recently-retired Plymouth Argyle professional, Gary Sawyer.

Dwain and Gary worked with both new and current post-16 students on teamwork skills and preparing for the future.

We are really looking forward to working with all our post-16 students in September.

Mr Golding – Head of Sixth Form





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EMOTIONAL, MENTAL HEALTH & WELLBEING

How to help your child in an anxious moment

Remember that everyone is different, but these strategies are a good place to start:

- **Breathe slowly and deeply together.** Count to five as you breathe in, and then five as you breathe out. If this is too much, try starting with shorter counts. If it's working, encourage them to breathe out longer.
- **Reassure them that the anxiety will pass and that they will be okay.** It can be helpful to describe it as a wave that they can ride or surf until it peaks, breaks and gets smaller.
- **Ask them to think of a safe and relaxing place or person.** It could be their bedroom, a grandparent's house, and a place in nature, or a favourite holiday.
- **Encourage them to do something that helps them to feel calmer.** This could be running, walking, listening to music, drawing, writing things down, watching a favourite film or reading a favourite book.



Finding support

If self-help strategies aren't making the situation better, it's a good idea to seek help.

- Speak to someone at TCC
- Anxiety UK - live chat service www.anxietyuk.org.uk
- No Panic - Youth helpline 0330 606 1174
- The Mix - support for under 25s www.themix.org.uk

Summer holidays are different for all of us.

Some of us are so excited, while others aren't.

Here are some tips to help manage mental health over the Summer:

1. Don't do away with the routine.
2. Keep it simple: there's no pressure.
3. Get planning: helps with motivation.
4. Practice summer self-care: be kind to yourself and do things that make you feel good.
5. Enjoy the great outdoors!
6. Stay connected with friends & family.

*Best wishes,
Miss Pine*



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YEAR 10 GCSE MUSIC LUNCHTIME CONCERT

Year 10 had the pleasure of enjoying some real musical talent at lunchtime on Monday 19th July as they were entertained by their GCSE Music peers live on stage. There was a wonderful violin and acoustic guitar version of 'Rasputin' by Boney M played by Lidia and Luke followed by a very polished performance of 'Someone Like Me' by The Kings of Leon played by Kai, Jessica, Tommy and Ross.

A special thank you goes out to Tommy for stepping down from vocals during rehearsal to play drums due to their regular drummer being absent on the day, and Jessica stepping in to take on the vocals in Tommy's place - well done for rising to the challenge everyone!

I very much hope that this will be just the start of a trend of potential further lunchtime and assembly concerts by our various talented musicians throughout the College in the new academic year. Watch this space.....!!

Miss Hamilton CLOL Music





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COMPETITION

It's time for you to get **CREATIVE**
DESIGN a **LOGO** for **TEA**

Torpoint Environmental Action
Committed to protecting our environment



Your logo must be:

- A4 size, and a
- Drawing
- Painting, or
- Sketch

Prize for the winning entry

All entries displayed in the library

T&Cs from torpoint.library@liscornwall.org.uk



Approved by Torpoint Town Council



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Test often to keep each other safe ♥

One in three
people with
Covid-19 have
no symptoms so
regular testing
is vital



Make rapid Covid-19 testing part of your routine – even while on holiday!

Don't forget to pack your Lateral Flow Test kits before you set off or pick them up free of charge from a local pharmacy in Cornwall.

Remember, one in three people with Covid-19 have no symptoms so testing is vital to make sure we all stay safe and don't pass on the virus.

To find your nearest collection point, visit <https://maps.test-and-trace.nhs.uk/>