



TORPOINT
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NEWSLETTER

Wednesday 20th July 2022

ACADEMIC YEAR 2021/2022

SUMMER TERM 25th April – 20th July



UPCOMING EVENTS

Monday 5th September 2022 - TCC Inset Day
(Non Pupil Day)

Tuesday 6th September - Year 12 Induction
and Year 7 in College

Wednesday 7th September – All year groups in

Friday 9th September – School Photos

PARENTS AND CARERS NOTICE

If you have an enquiry or need to see a member of staff in person, please book an appointment in advance.

Please do not enter the reception area unless you have booked an appointment.

Otherwise, you can use our enquiries email

enquiries@torpoint.cornwall.sch.uk

Thank you



Headteacher's Message

Dear Parents and Carers,

I would like to thank parents and carers for their support and understanding over the last 12 months. The opportunity to work in partnership with you really helps us deliver the best possible educational outcomes for your children, and address and overcome challenges and difficulties to the best of our ability.

There has been a great deal going on at the College over the last few weeks. Following the end of the national and internal examinations, Year 12 and 13 had a really enjoyable Summer Ball at The Cowshed, Freathy Farm. This was followed by the Year 11 Prom at Mount Edgumbe where students had a great time, in a stunning venue with glorious seasonal sunshine.

We had our face to face Year 10 Parents' Evening towards the end of June, from which we received very positive feedback regarding a return to this format of meetings. The Year 6 Transition Day on 6th July was a great success providing the children an opportunity to familiarise themselves with the College, our staff and to make new friends.

On the following evening we had the return of our Fashion Show, and with a sell-out audience it was a thoroughly enjoyable event. Finally, it has been great to see so many students participating in a range of activities as part of our Sports Week (last week), including the Feasty



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Mile. Well done to all those involved. All these events and activities take a great deal of time and effort to organise, so I would like to thank the staff and students who have worked incredibly hard to make them a success.

On the 6th and 7th July the College was inspected by Ofsted. This visit was overdue, with our last inspection carried out in March 2017. The Ofsted inspectors conducted a thorough and rigorous inspection and I would like to thank those of you who completed the Ofsted questionnaires. We now await the formal outcome from the inspection. The inspection report will be shared with you once it has been published. This is normally within a month after the visit.

I am delighted to share with you that we have been successful in the re-accreditation of the UCL Quality Mark Beacon School status. The re-accreditation is dated from 2022 to 2026 so secures our partnership with UCL for another four years. This recognises the excellent work devoted to holocaust education led by Mrs Lane and the History team.

Our choir performed at the Torpoint Mayor's Civic Service and Parade on Sunday 17th July at St. James Church. Their performance was breath taking and the Mayor presented the students with a framed picture of the aerial photograph to commemorate Her Majesty the Queen's Platinum Jubilee.

Between 24th-26th August we are running a Summer School for the Year 7 students who will be joining us in September. Details on this have already been published; however, if you have signed up to the Summer School but haven't received any information please contact the College by e-mailing enquiries@torpoint.cornwall.sch.uk and we will ensure you receive the requisite details.

A quick reminder that the A Level Results Day will be on 18th August and GCSE Results Day on 25th August. The results will be handed out in the Sixth Form Common Room, which will be open between 8am and 12pm, for students to collect their results. There will be a number of staff in attendance who will be there to offer guidance and support where needed.

A separate letter has been sent to parents and carers with regard to planning and preparation for your child's return to school in September. However, please note the following details for our return in the Autumn Term:

- Monday 5th September – Staff Training Day
- Tuesday 6th September – Year 7 and Year 12 Induction
- Wednesday 7th September – All Year Groups in College.

Finally, thank you again for your ongoing support and I hope you have a lovely summer break. Please stay safe and I look forward to welcoming all of students back in early September.

Yours sincerely,

Dr Jeremy Plumb
Headteacher



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Roy Bright

You may remember Roy Bright, headteacher at Torpoint Community College from 1988 until 2004. Roy passed away peacefully at St Luke's Hospice on 7th July 2022, aged 78, after a long battle with multiple myeloma and the after effects of a stroke.

For many years Roy played a vibrant part in the community, taking services at local churches, leading the Christingle at St James in December for example, running Churches Together in Torpoint and District, and helping with the Food Bank. He was a strong, compassionate and kind man, willing to listen and to encourage.

His commemorative funeral service will take place at Maryfield Church, Torpoint, PL11 2QE, on Monday 25th July at 1pm. Family flowers only please, but you may like to offer a donation in Roy's memory to Myeloma UK or St Luke's Hospice. Further inquiries to the funeral director J. Weekes, Millbrook.

johnweekes@btinternet.com 01752 822637. There will be overflow seating in the church garden if fine, and the service will be relayed via a sound system. There is limited parking so it may be easier to park in the lane down to Antony House.

Mrs Veronica Bright



When Roy Bright assumed the headship of Torpoint School (as it was then) in April 1988 the UK education system was undergoing a raft of major changes, from the introduction of the National Curriculum to the first GCSE examinations which took place during that Summer term. The then Education Secretary, Kenneth Baker, also introduced in service training days, nicknamed Baker Days, for all staff and in those early years Roy oversaw changes in school funding and the transformation of the inspection system from HMI to Ofsted. With all these initiatives, Roy worked tirelessly to ensure the best possible outcome for Torpoint School students and staff but was not afraid to offer his opinion or criticism when he felt it was justified.

Roy was very proud of Torpoint School and its place within the community. He was a passionate Chemistry and Science teacher but was also a great advocate for the arts curriculum and extra-curricular activities. As Head of Music and Performing Arts, I greatly appreciated the interest he took in students' involvement in our yearly productions, arts festivals, concerts and Party Pieces. He was particularly supportive to the school stage band and accompanied us when we stayed on the Isles of Scilly one Whitsun half term to give concerts.

Roy took an avid interest and involvement in all aspects of school life from Ten Tors, sporting successes, work experience, pastoral care and in his daily assemblies.

From the outset of his time at Torpoint, Roy firmly believed in the establishment of a Sixth Form. He campaigned for a number of years at local, county and national level to obtain the necessary funding to realise this. This goal was achieved in the late 1990s. Many would perhaps agree that this was Roy's crowning achievement.

Roy will be remembered as a congenial and friendly headteacher who will be fondly remembered by past students and staff alike. Our deepest sympathy to Roy's family and friends.

Martin Entwistle



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Film Project News about Viv Hendra

Many students past and present are now aware of a proposed film project about Viv Hendra which is being undertaken by Jason Carter.

Jason was a student up until 1985 at Torpoint School. Since then, he has travelled the world as a musician and more recently in the establishment of his own film company.

Jason is now embarking on a film about the late Viv Hendra who was Head of RE and a music teacher for many years at Torpoint. As an inspirational teacher, musician, composer, author, art collector, mentor and friend to many of us in Torpoint and beyond, Viv has affected the lives of many students past and present.

We look forward to seeing the results of this film project in the coming months.

Please see the link below for further details of this project.

Mr Entwistle

<https://youtu.be/u0gsh-jkkco>



Basketball News:

Both Lewis Year 8 and Ruben Year 9 attended trials in the hope of being selected to represent the Plymouth Basketball Team (essentially the Plymouth Patriots academy set up) in their respective age groups.

We are delighted to inform you that both boys were selected to represent the club for the upcoming season.

This is a tremendous achievement for the boys as there was a lot of competition for the roster spots!

Mr farmer





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PHSE and SRE themed event at TCC - Activism and Human Rights

On the 1st July TCC hosted a cross county event run by Intercom Trust that focused on 50 years of protest and activism in the UK. Students from Devon and Cornwall joined forces and took over the Sixth Form for the day to learn more about what protest and activism means in the UK and how it is different across the world. Students learned about the history of protest in this country, the laws and the heritage surrounding it as well as hearing from real life protestors from the 70's about their experiences as well as the real life experiences of the presenters who came along on the day. They also learned how protest is viewed in other countries compared to ours. Students were able to take part in workshops where they created their own protest banners and also created their own protest songs.

It was a great day with some very articulate and well behaved students who were passionate about protecting Human Rights in the UK for everyone. The protest banners were amazing and the songs created very powerful! Our students made some good friends with people from other schools and met some very diverse and interesting people who felt just as strongly about Human Rights in this country as they do. Thankyou to the 40 students from TCC who attended and showed such pride in who they are. Also thank you to the staff who also came along and supported. Mrs Bray, Mr Miller, Mr Golding, Mr Watkins and Dr Plumb. We look forward to hosting this again another time.



National Careers Service exam results and next steps webinars for parents and carers

With exams ending, many pupils will be preparing to take their next step into further academic studies or the workplace – which we know can be confusing and feel a bit daunting.

Throughout the summer, the National Careers Service is running a series of webinars for parents and carers of young people who are expecting their exam results this August. They will be able to learn more about how to support their children with advice about choices and careers, including useful information sources, advice for results day and a Q&A with a panel of experts. The [webinars schedule](#) is now available.

Please share this information with parents and students who could benefit from this support.



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County and South West School Athletics successes

Following on from our Super 8s and Cornwall Schools successes we had four students enter into the Cornwall Schools Championships event for 2022. Jack in Year 8 competed in his first champs and did himself proud in the 1500m. Sky, Year 10, won the shot putt. Josh, Year 8, won the 800m and Poppy Year 10 won the 200m and 300m hurdles. Well done all of you.

Fantastic results for all four students with Josh and Poppy achieving regional selection times to go through to the South West Champs at Exeter.

At Exeter Josh had an excellent race to come 4th and Poppy had a really successful day winning the 200m and 300m hurdles. Great effort!

Poppy also gained selection for the English Schools Championships at Manchester. At the English Schools, Poppy did really well and set a new PB. She came 2nd in the heat and in the final she came 4th and is now reserve for the SIAB to be held in Manchester in Belfast!

Well done Poppy, we are very proud of you!





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Sports News

This summer term has seen some of our highest numbers ever attending extra-curricular sport clubs at lunch times and after College. It has been a really busy few weeks of athletics, rounders, volleyball and cricket qualifiers and finals so we are really pleased to share some of the competitive results with you!

East Cornwall Super 8s Athletics Qualifiers - Par track

Athletics Club has been so well attended this year with over 50 students attending some evenings. TCC fielded six athletics teams at the Super 8s East Cornwall qualifiers at Par track. For many this was their first competitive athletics event. The Year 8 girls team came 2nd and the Year 10 girls came 1st so both were selected to represent East Cornwall at the Cornwall school Games finals at Carn Brae. A fantastic squad of athletes who all supported each other throughout the day.



Cornwall School Games Super 8s finals at Carn Brae track

The Year 8 girl's team has trained solidly since Easter and they had a really successful Super 8s final, competing against mostly Year 9s. Placings for Saskia 1st in hurdles and 3rd in javelin, Thea 3rd in the 300m, Shay 3rd in the shot putt along with other solid team performances team secured 4th place. An excellent result for this team's first athletics final!





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The Year 10 girls set their sights on gold early on in the season and have worked so hard to try to replicate their win in Year 7. The team had a really successful finals with placings for the following students: Maddie 1st javelin, Poppy 1st 300m hurdles and high jump, Sky 2nd in shot put, Holly 2nd in 1500m and 3rd in high jump and 2nd in 4x100m relay. Along with other excellent team results, this secured the girls as winners of the County Super 8s Athletics 2022. An excellent achievement for the team.



Cornwall Schools Athletics Championships at Carn Brae track

It was great news to receive an invite to the Cornwall Schools Athletics Championships again after several years gap due to Covid. From training sessions a Year 8 squad was picked to compete against twenty other schools from around the County. Both teams started off with all guns blazing with Saskia winning the 75m hurdles, Josh setting a new PB and track record in the 1500m (an incredible achievement as this track is used for County selection events), Olivia 2nd in discus, Thea 3rd in the 300m and Jack 3rd in the 300m. Both teams were doing incredibly well at the track and field changeover with strong events to come when the skies opened and didn't stop. Disappointingly the event finished early but we were thrilled to receive the results which saw the boys team achieve a really solid 8th place and the girls team an excellent 3rd place.



Well done to the whole athletics squad for an amazing season of training and competitions!



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East Cornwall Games Volleyball qualifiers

Volleyball has seen a recent rise in popularity at TCC. Our Sixth Form sports students completed a block for their course with an England volleyball coach. Numbers at after college volleyball club and lunch time clubs have been really high so we intend to keep this developing next term and aim to get inter school matches.

Our Year 9 boys and Year 10 girls competed at the East Cornwall qualifiers at Launceston. They were disappointed to find it was Barbarian style as they'd trained in their set teams. Enthusiasm remains high though with fixtures in place for September.

Torpoint Rounders Club

Rounders club has been so popular in lessons and we have seen over 40 girls attending rounders club, with teams competing between year groups.

Cornwall School Games Qualifiers and finals at Launceston and Poltair

The Year 9 girls rounders team attended the East Cornwall Qualifiers at Launceston and they were delighted to be selected to represent East Cornwall at the County games finals at Poltair School last Friday. The girls set their aim to finish top 3 and started with a draw against Wadebridge followed by a loss to Brannel. The girls picked themselves up with Lucy captaining the team really effectively and Summer back stopping with amazing accuracy to Isabelle on base 2. A couple of excellent catches from Sophie and Goldie saw them recover with strong wins against Hayle, Roseland and Humphrey Davey. They were thrilled to be declared silver medallists of the County School games finals. Well done Year 9s!





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Dynamo Cricket

Over at Par Athletics track, the Year 8 boys had qualified for the finals of the new England and Wales Cricket Board (ECB) competition of "Dynamo Cricket". In a tough group containing larger schools from across the county, Year 8 took on Roseland, Humphrey Davy and Penryn Schools in Pool A.

Through solid batting and accurate bowling and fielding, TCC beat all three schools convincingly to reach the final against local rivals Callington. Unfortunately, the boys came up just short, losing by 8 runs. All the team contributed to the success of the day in achieving a silver medal, but a special mention must go to captain Amaro who organised his team in the field and was a constant source of positivity throughout.



Cornwall and South West Schools Athletics

The College had four students enter in to this event for 2022. Jack in Year 8 competed in his first champs and did himself proud in the 1500m. Sky, Year 10, won the shot putt. Josh, in Year 8, won the 800m and Poppy in Year 10 won the 200m and 300m hurdles. Fantastic results for all four students with Josh and Poppy achieving regional selection times to go through to the South West Champs at Exeter.

Sports Leadership

We were really pleased to be accepted on to the 3 year 'Time to Lead' female leadership programme this term. Six Year 10 leaders were selected from students who already willingly gave up their time to help at clubs with Miss Milford. The girls completed a 6 week online leadership learning platform and then planned and successfully delivered 4 hours of competitive sport to our very enthusiastic Year 8 female PE students.

These leaders will now become mentors for next year's programme. Current Year 9 girls can apply for the 'Time to Lead' programme for September by emailing Miss Milford for details before the end of term.

We also have an exciting new Leadership programme starting for the current Year 8 students in September as well. We will give more details of this in September.

Well done to all of our TCC students who have represented the College so well in many types of sporting activities, and a big thank you to the PE team for supporting their endeavours throughout.



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Employer Encounter Event – Year 10

On Monday 11th July Year 10 students took part in an Employer Encounter as part of our Career's Programme. The aim of the event was to enable students to find out about a range of career roles from a variety of sectors. Students were able to speak to guests and ask questions to find out about their role, their pathway to employment and what their workplace and job is like on a typical day. The event was supported by the College's Enterprise Coordinator from the Careers and Enterprise Company, Lucy Wooldridge and our Enterprise Advisor, Julie Putman.

Thank you to all of the guests invited in for helping make the event so informative for students, including: Jack Chapman - Devon and Cornwall Police, LCpl Mike Williams - Army, Louis Sampson - Medical Student Exeter University and alumnus, Robert Wiltshire - Software Cornwall, Sarah Crutchley - DWP, Sophie Jarvis & Hannah Stephens - Waitrose & Partners, Andrew Reed - BAM, Matthew Wingham - Babcock International Group, CPO Jackie Martin RN, Royal Navy and Royal Marines Careers Advisor, Mark Plant - SD Solutions Engineering, Hattie Thompson - HoareLea, Stephanie Raymont (alumna) & Michelle Smith & Megan Lake - NHS, Harry McGuire EngTech - Network Rail.

Thank you to all the Year 10 students for their excellent engagement throughout the event - I heard some fantastic career focussed conversations taking place and it opened students' eyes to careers they may have not considered before.

Mrs Bray – Careers Leader





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Special visitor makes a surprise visit to Year 9 History Ambassadors

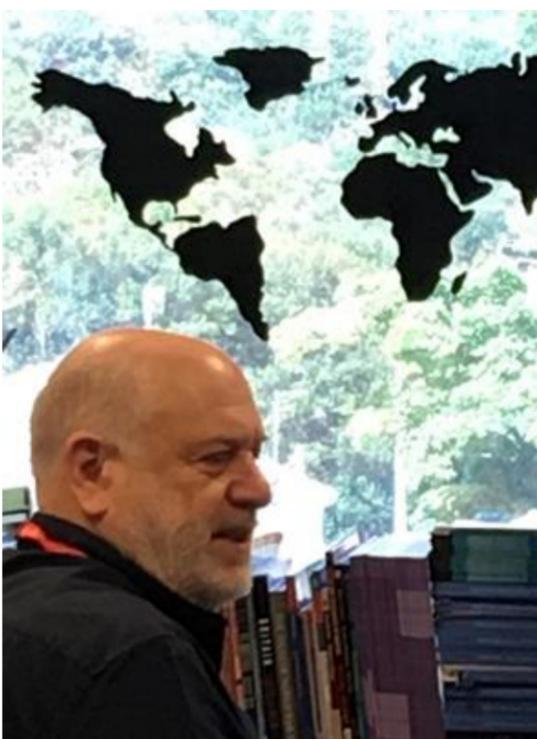
Last week we were honoured to welcome Bernie Graham in a very special event for our Year 9 History Ambassadors. As a Quality Mark Beacon School for Holocaust Education, we have been participating in an extremely exciting project. The key participants in this innovative project are the four families in the original 'My Family, The Holocaust & Me' BBC/Wall to Wall documentary; Robert Rinder & Angela Cohen; Louisa & Natalie Clein; Bernie Graham; Noemi Lopian; and David Vincent, Director at the BBC and Collette Flight, Executive Producer at the BBC. The project is supported by UCL Centre for Holocaust Education, Pears Foundation, The 45 Aid Society and Dr. Nic Wetherall MBE of Royal Wootton Bassett Academy, Swindon.

Entitled 'The Holocaust, Their Family, Me and Us: Bernie's Journey', our Year 9 History and Religious Studies students have been following Bernie as a second-generation Holocaust survivor and the investigation into the story of his grandparents; Salomon & Sabine and the journey of 'Uncle Bernhard' through Europe in the 1930's.

Our Year 9 History students, selected as History Ambassadors, were privileged and humbled to meet Bernie and his wife Patsy, who were extremely grateful for everyone's contribution across the whole of Year 9. Bernie looked at examples of student work, displays and student research and our Year 9 Ambassadors talked Bernie through our community portrait, inspired by his journey. Our students also had the unique opportunity to ask Bernie and Patsy questions about his journey and his experiences, which allowed students further insight into Bernie and his family.

A very big thank you to our College History Ambassadors who attended this event. We are very proud of the work you have done and the care and attention you gave to Bernie and Patsy in this very important meeting, and we are delighted with the commitment you have shown to Bernie's journey.

Mrs Lane





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Good News – Sea Angling Competition

During the month of June, TCC's Sky N and her family took part in the Sea Angling Classic Competition in Portsmouth, one of the biggest angling competitions in the UK.

Sky was part of the Crew for the May Queen along with her family. This is one of the oldest commercial fishing vessels in the county, something which Sky and her family are proud to keep going.

During the journeys Sky and the crew battled rough seas and issues along the way, including being assisted by the local RNLI, a situation which all overcame safely. As a result of Sky's and the crew's hard work during the competition, the May Queen won 27th place and in the youth competition Sky and her brother were awarded 3rd & 4th places.

A very big congratulations from TCC to Sky, her family and the crew of the May Queen on this tremendous achievement.





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Year 11 Prom 2022

Many thanks to all the staff who attended the Year 11 Prom on the 6th July at Mount Edgecumbe.

It was a great evening, and it was lovely to celebrate with Year 11 on a gorgeous sunny evening!

Winners of the awards were

- Prom King : Bobby
- Prom Queen: Maddie
- Cutest Couple: Charlie & Bethan
- Best Dancer: Marley
- Best Dressed: Oliver
- Best Dressed: Alysia-Paige

Thanks to Mrs Howard and her team for organising such a great event for our students.





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Year 12 and 13 Summer Ball 2022

The Sixth Form Summer Ball was held on the 29th June at The Cowshed, Freathy Farm. It was a lovely evening with plenty of dancing and an opportunity to wish our Year 13 all the best for their next steps as they leave TCC. Thanks to all the staff that attended this event, and to Mr Golding for driving the mini bus!

Miss Bell





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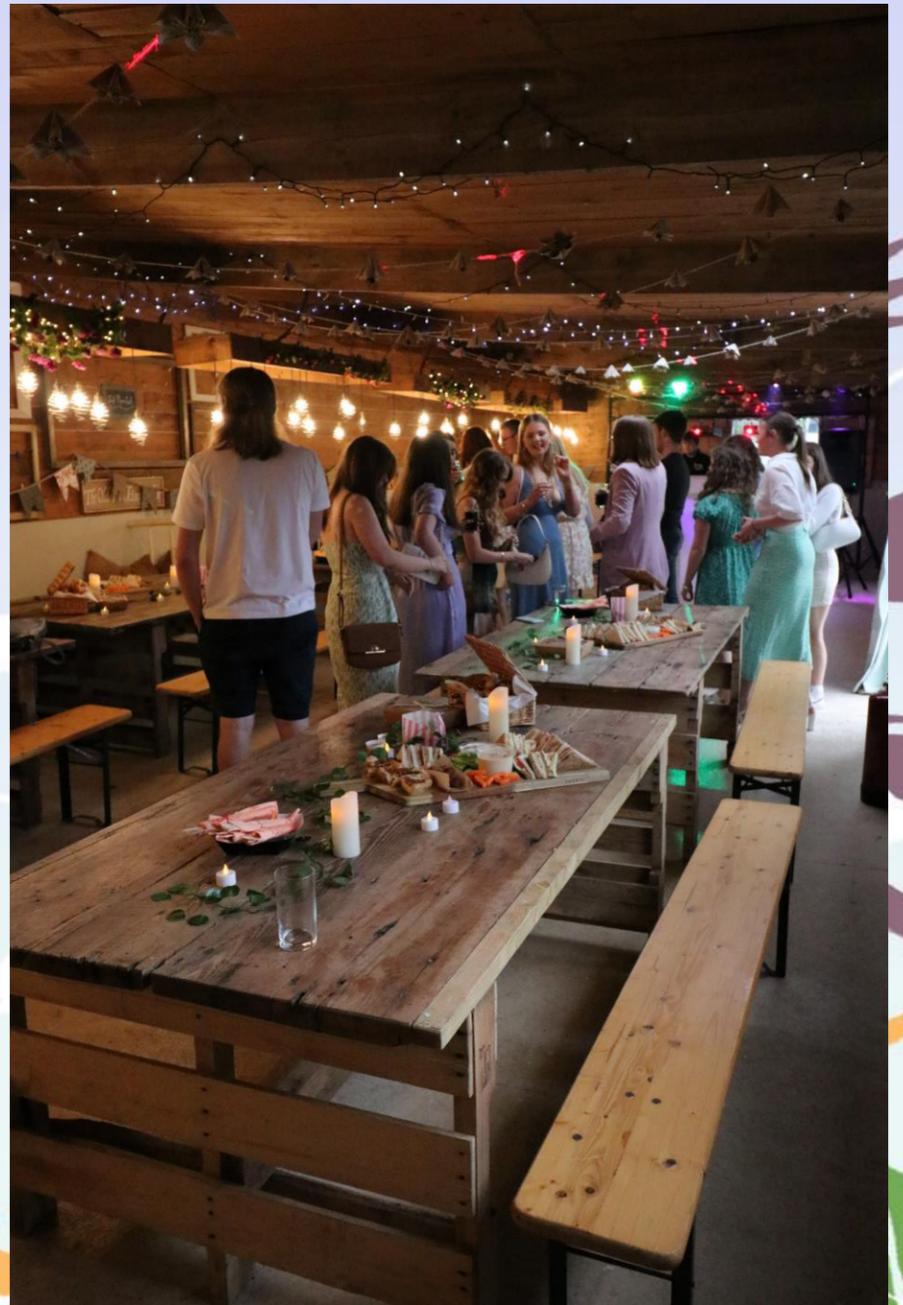
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Year 12 and 13 Summer Party 2022





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TCC GOES TO THE MOVIES



FASHION SHOW



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Congratulations to all of our talented textiles students, dancers and singers/musicians on a wonderful performance at this year's Fashion Show. It was a real celebration and a chance to perform again. Well done to you all and I look forward to next year! Thankyou to the staff at TCC for joining in for the finale of the evening and even performing a dance!

Miss Bell



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Please see below an important message from Cornwall Council Public Health:

Parents and carers urged to protect children against COVID

As COVID-19 cases continue to rise, parents and carers in Cornwall are being urged to get their children vaccinated ahead of the summer holidays.

Jabs are now available for all children over the age of 5 and child-friendly clinics are being set up at sites across the county.

The virus poses a risk to young people, both during the initial infection period and with longer-term health issues such as long COVID.

Vaccinating children can:

- Prevent further disruption to their education and social activity from initial infection as well as from long COVID which affects over 8% of children.
- Save lives by reducing the risk of infection to your child and to those around them, especially vulnerable and elderly family members.
- Reduce symptoms if infected and reduce the likelihood of developing severe disease and lasting health issues – proven by over 15 studies.
- Enhance future protection if a child has already had COVID-19.

All COVID-19 vaccines in the UK have passed all clinical safety trials to be approved by the UK's Medicines and Healthcare Products Regulatory Agency. This means they are safe.

Parents and guardians can [book a vaccination appointment for their children online](#), or just walk in at their nearest walk-in clinic. To find out the details of their nearest walk-in site [visit the Grab a Jab website](#).

Attendance Reminder

At Torpoint Community College we believe that the greater the attendance, the greater the achievement. We aim for an environment which enables and encourages all members of the community. For our students to gain the greatest benefit from their education it is vital that they attend regularly and be at College, on time, every day.

If your child is absent please contact the College as soon as possible on the first day of absence, and on each subsequent day of absence. If it is a planned absence, please complete an Absence Request Form. Please note that the law does not grant parents/carers an automatic right to take their children out of school during term time. Parents/carers can commit an offence if they fail to ensure regular and punctual attendance of their child at the school which the child is registered, unless the absence has been authorised by the school.

If your request for absence is refused and you still take your child out of school on holiday in term time then we will refer the matter to Cornwall Council and they may decide to issue a Penalty Notice. Penalty Notices for absences of 6 days or more are £60 per parent per child.



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SAFEGUARDING YOU

worries@torpoint.cornwall.sch.uk

Our main priority is that students feel safe and happy.

Email any worries to the above email address OR leave a note in our

worry box.

You can find it outside the library.

Dr Plumb



If you have any concerns or worries, please speak to one of the child protection team.

Or speak to a member of staff you trust and feel comfortable with.



Mrs Lear



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COLLEGE

"INSPIRING
OPTIMISTIC LEARNERS"

www.torpoint.cornwall.sch.uk

email: enquiries@torpoint.cornwall.sch.uk

EMOTIONAL, MENTAL HEALTH & WELLBEING



Jump Back Up July 2022

MONDAY



4 Find something to look forward to today

11 Look for something positive in a difficult situation

18 Let go of the small stuff and focus on the things that matter

25 Notice when you are feeling judgmental and be kind instead

TUESDAY



5 Get the basics right: eat well, exercise and go to bed on time

12 Write your worries down and save them for a specific 'worry time'

19 If you can't change it, change the way you think about it

26 Catch yourself over-reacting and take a deep breath

WEDNESDAY



6 Pause, breathe and feel your feet firmly on the ground

13 Challenge negative thoughts. Find an alternative interpretation

20 When things go wrong, pause and be kind to yourself

27 Write down 3 things you're grateful for (even if today was hard)

THURSDAY



8 Shift your mood by doing something you really enjoy

14 Get outside and move to help clear your head

21 Identify what helped you get through a tough time in your life

28 Think about what you can learn from a recent problem

FRIDAY

1 Take a small step to help overcome a problem or worry

7 Avoid saying "must" or "should" to yourself today

15 Set yourself an achievable goal and take the first step

22 Find 3 things you feel hopeful about and write them down

29 Be a realistic optimist. Focus on what could go right

SATURDAY

2 Adopt a growth mindset. Change "I can't" into "I can't...yet"

9 Put a problem in perspective by seeing the bigger picture

16 Find fun ways to distract yourself from unhelpful thoughts

23 Remember that all feelings and situations pass in time

30 Reach out to a friend, family member or colleague for support

SUNDAY

3 Be willing to ask for help when you need it

10 Reach out to someone you trust and share your feelings with them

17 Use one of your strengths to overcome a challenge today

24 Choose to see something good about what has gone wrong

31 Remember we all struggle at times - it's part of being human



ACTION FOR HAPPINESS

Happier · Kinder · Together



*Best wishes,
Miss Pine*



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EMOTIONAL, MENTAL HEALTH & WELLBEING

In April, the Government announced it wants to make a 'Mental health and wellbeing cross-government plan' that will transform the support we receive for our mental health over the next ten years.

They have promised to publish the plan by the end of the year and they are now asking for people's views on what should be included.

They want to hear your experiences to make sure the plan covers all the things that can impact your mental health, from things like school, college and university to social media and the NHS.

Have your say at: <https://www.youngminds.org.uk/support-us/join-the-movement/mental-health-plan-have-your-say/>

Parents Helpline & Webchat

Young Minds: Parents Helpline offers vital advice and guidance to parents/carers who are concerned about their child's mental health. We can give you advice on:

- how to access support
- navigating services for your child
- practical techniques that can help you and your child
- signposting to other organisations

If you are a parent/carer in need of some help, please get in touch.

<https://www.youngminds.org.uk/parent/parents-helpline-and-webchat/>

*Best wishes
Miss Pine*