

The Ten Tors Challenge 2025-26

Information Pack

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Background

The Ten Tors Challenge is a unique annual event held on Dartmoor, designed exclusively for young people. Each May, up to 2,400 teenagers form teams of six and set out to complete routes of 35, 45 or 55 miles, depending on their age. Over two days, they must navigate using a map and compass, to ten checkpoints located on a number of Dartmoor's Tors, while carrying everything they need to be self-sufficient, including food, tents, and safety equipment, for an overnight camp on the moor.

Organised by the Army's Headquarters South West with support from the Navy, RAF, emergency services, and volunteers, the event is one of the most demanding youth challenges in Britain. The official Ten Tors website is at: <https://www.tentors.org.uk/> Success depends on teamwork, endurance, and determination, as Dartmoor's terrain and weather can be unforgiving. Although this is an extra curricula activity, Students undertaking Ten Tors with TCC must at all times adhere to the behaviour & expectations as outlined in College policies.

For many young people, Ten Tors becomes a defining and memorable experience, building resilience, independence, and a deep sense of achievement that lasts a lifetime.

Core Training Information – Q & A

How Much Training is There?

- There are 12 training expedition walks for Ten Tors. 8 of these are day walks, including the introductory taster walk; 3 are weekend expeditions and 1 combines an introduction to camping on Dartmoor followed by the walk the following day. A list of all dates for 2025-26 is attached in the Calendar 2025-26 Section.
- Meetings /training prior to the expedition is as important as the expedition on the moors. At the meeting students should receive a letter with details on it with regards route and other important pieces of information. This will also be published on SatchelOne.

How Much Does it Cost?

- The total cost for your child to train for and participate in The Ten Tors Challenge 2025-26 is approximately £198. This sum includes all the training walks (including transport), overnight expeditions and entry fees for the main event. Charges will be raised on ParentPay at a rate of £12 per training day (£24 for a weekend) - reduced for the person if transporting students.
- There is a reduced cost of £6 for the introductory taster walk.
- Please note payment will be required in advance of the training day(s) in order for your child to participate.

What About Pick-Up and Drop-Off Arrangements for Walks?

- Walks – both the drop off & pick up is in the bus bay, by the Torpoint YMCA Sports Hall (unless otherwise told). Students must be at the bus bay by 07.50 am at the latest on walk days.
- The time of return can change depending on conditions on the moor and ability of students. The time for 'off the moor by' is for safety guidelines.
- Mobile phones are carried at students own risk and will not be allowed on/near to the main event. They can be left in the minibus during a normal walk.

Contact Information

- The TCC Ten Tors contact number for Parents / Carers is **07794 301723**. Please send a message if your student is unable to attend. It will also be used to contact you if necessary. If your student is ill please could they pass on any team equipment to a fellow team member.
- Or contact the Ten Tors Lead, Mrs Johnson, Johnson.k@torpoint.cornwall.sch.uk
- Further information about Ten Tors – www.tentors.org.uk

What Equipment is Required?

- A detailed equipment list is provided in this Pack. Students are expected to be carrying all of the required equipment by January 2026.

- The recommendation for a rucksack is a minimum of 65L + liner, and all boots need to support ankles.
- Sleeping bags must be certified under (ISO 2537) with a lower limit of -2⁰C or less.
- The College has a range of boots, waterproofs, sleeping bags and wider equipment that can be borrowed. We do not charge for this, but a donation is welcome as it helps us to replace old kit when needed. Please take care of College equipment – return clean and dry. Charges may apply if equipment is not returned. A copy of the Equipment Borrowing Form is included in this Pack.

Attendance & Team Selection

- Please could we be notified of any pre-booked holidays as soon as you know them.
- Team selection takes place after the Mock Ten Tors, which is two weeks prior to the main event – **please be aware at present there are only 12 places for 35 miles & 6 places for 45 miles.**

What Food & Drink Should be Carried?

- Detail on what a student should eat and drink on the moors will be covered during the Thursday training sessions. It is also included in the Food and Drink Section.
- For day walks, suggested food includes: Sandwiches/ rolls/ wraps plus Fruit/ nuts/ cereal bars/ some sweets & chocolate.
- For day walks, suggested drinks include water preferably in sports bottle or isotonic drinks, plus a Hot drink in flask.
- No large bags of crisps/ excess sweets/ NO fizzy drinks/ NO energy drinks are to be taken on the moor.

What Clothing is Required?

- Detail on what a student should wear on the moors is included in the Clothing Section of this Pack.
- No jeans are allowed.

Ten Tors Introductory Walk – Sunday 5th October

For this walk you will need:

- Day rucksack containing:
 - Waterproof coat
 - Waterproof trousers
 - Warm hat & gloves
 - Food & drink (no fizzy or isotonic)
 - Hot drink
 - Hand sanitiser
 - Spare trousers & jumper or fleece jacket, and spare socks
- On your Feet:
 - Walking boots/similar footwear
 - Thick socks (walking socks preferred)
- You will need to wear:
 - Trousers (not jeans)
 - T-shirt
 - Long sleeved shirt/rugby shirt/microfleece
 - Warm fleece / jumper
 - Jacket

It is not necessary to buy any expensive equipment for this walk. The College has a range of boots, waterproofs, and wider equipment that can be borrowed. We do not charge for this, but a donation is welcome as it helps us to replace old kit when needed. Please take care of College equipment – return clean and dry. Charges may apply if equipment not returned. A copy of the Equipment Borrowing Form is included in this Pack.

Arrangements on the Day: Sunday 5th October:

- Depart: 7.50 am in the Bus Bay by Torpoint YMCA Sports Hall – with all equipment/clothes on list above (ask if you require anything by Friday)
- Return – approx. 5.15 pm in the bus bay.
- Phones can be taken but at your own risk – can be left in minibus
- Suggested Food:
 - Sandwiches/ rolls/ wraps
 - Fruit/ nuts/ cereal bars/ some sweets & chocolate.
- Suggested Drinks
 - Water preferably in sports bottle – no fizzy or isotonic drinks
 - Hot drink in flask
- Cost is £6 via ParentPay

Calendar - Ten Tors Training 2025 – 2026

Dates 2025	Time	Place	Details
Thurs 2 nd Oct	6.30 – 7.30pm	Sixth Form	Expedition Planning Meeting
Sun 5 th Oct	7.50 am	Bus Bay By Sports Hall	All Day Expedition 1 On Dartmoor
Thurs 9th Oct	6.00 – 7.00pm	Main Hall	Parents /Carers Meeting (With Students)
Thurs 16 th Oct	6.30 -7.30pm	Main Hall	Expedition Planning Meeting
Sat 18 th Oct	1pm – 4.30pm	Sixth Form	Training Day
Sun 19 th Oct	7.50 am	Bus Bay By Sports Hall	All Day Expedition 2 On Dartmoor
Thurs 13 th Nov	6.30 -7.30pm	Sixth Form	Expedition Planning Meeting
Sun 16 th Nov	7.50 am	Bus Bay By Sports Hall	All Day Expedition 3 On Dartmoor
Thurs 27 th Nov	6.30 -7.30pm	Sixth Form	Expedition Planning Meeting
Sun 30 th Nov	7.50 am	Bus Bay By Sports Hall	All Day Expedition 4 On Dartmoor
Thurs 11 th Dec	6.30 -7.30pm	Sixth Form	Expedition Planning Meeting
Sat 13 th - Sun 14 th Dec	1pm	Sixth Form	Overnight Camp Hexworthy (Kit Check) All Day Expedition 5 On Dartmoor <i>Parent Walk (Sunday t.b.c)</i>
Dates 2026	Time	Place	Details
Thurs 8 th Jan 26	6.30 -7.30pm	Sixth Form	Expedition Planning Meeting
Sun 11 th Jan	7.50 am	Bus Bay By Sports Hall	All Day Expedition 6 On Dartmoor
Thurs 22 nd Jan	6.30 -7.30pm	Sixth Form	Expedition Planning Meeting
Sat 24 th Jan	1pm – 4.30pm	Sixth Form	Training (Kit Check)
Sun 25 th Jan	7.50 am	Bus Bay By Sports Hall	All Day Expedition 7 On Dartmoor
Thurs 5 th Feb	6.30 -7.30pm	Sixth Form	Expedition Planning Meeting
Sun 8 th Feb	7.50 am	Bus Bay By Sports Hall	All Day Expedition 8 On Dartmoor
Thurs 26 th Feb	6.30 -7.30pm	Main Hall	Expedition Planning Meeting
Sat 28 th Feb	1pm – 4.30pm	Sixth Form	Training

Sun 1 st Mar	7.30 am	From Training Campsite	All Day Expedition 9 On Dartmoor
Thurs 12 th Mar	6.30 -7.30pm	Sixth Form	Expedition Planning Meeting
Sat 14 th – Sun 15 th Mar	7.50 am	Bus Bay By Sports Hall	Weekend Expedition 10 On Dartmoor
Thurs 26 th Mar	6.30 -7.30pm	Sixth Form	Expedition Planning Meeting
Sat 28 th – Sun 29 th Mar	7.50 am	Bus Bay By Sports Hall	Weekend Expedition 11 On Dartmoor
Thurs 23 rd Apr	6.30 -7.30pm	Sixth Form	Expedition Planning Meeting
Fri 24 th – Sun 26 th April	6.00 pm	Sixth Form & Dartmoor	Weekend Expedition 12 On Dartmoor
Tues 5 th May	3.15 – 5.30pm	Room 22	Final Planning & Safety Brief
Weds 6 th May	6.00 – 7.30pm	Sixth Form	Final Kit Check (Then Stored) <i>Parents Meeting</i>
Fri 8 th – Sun 10 th May	8.45 am	Dining Hall - Breakfast Okehampton Camp	2026 Ten Tors Challenge
Thurs 21 st May	6pm	Sixth Form	Presentation Evening

Personal Equipment Required by January 2026

Walking Clothing:
Base wicking layer-vest
Middle layer – long sleeved shirt
Trousers
Socks
Boots (ankle support)
Waterproofs:
Jacket with hood
Over trousers
Gaiters
Gloves/mittens
Headgear
Spare to be packed - in labelled bags
Base wicking layer – vest
Middle layer shirt/microfleece
Outer insulation layer – fleece (or 2 x microfleece)
Trousers/thermal long johns
Socks
Equipment including:
65 litre (min) Rucksack with liner
Compass
Sleeping Bag- (in waterproof bag) certified (ISO 2537) lower limit of -2 ⁰ C or less.
Sleeping mat (in waterproof bag)
Bivvy bag (orange survival bag)
Emergency rations - labelled
Water – 2 litre (platypus + water bottle)
Water sterilisation tablets – in date
Eating container, utensils & mug
Matches and toilet paper
Watch
Whistle / Notebook & pencil
Personal first aid kit – plasters, hand wash, sun cream, insect repellent, medication.
LED head torch/ torch + spare batteries
Team equipment – provided by the College

Torpoint College Ten Tors Equipment / Clothing Borrowing Form 2025-26

Over the years, the College has accumulated a range of clothing, boots and equipment from gifts & donations which we are happy to lend to Students. We do not charge for this service, but a **donation is always welcomed**. We do ask that any loaned equipment / clothing is returned to us clean and in good condition. Reasonable wear and tear is fine (and expected) but we may ask for any damaged equipment to be paid for / replaced.

Name of Student:

Name of Parent / Carer:

Email: Number:

Equipment / Clothing Available	Required	Returned Date
Walking Clothing:		
Base wicking layer-vest	SM / M / L / XL	
Fleece	SM / M / L / XL	
Trousers	SM / M / L / XL	
Socks		
Footwear:		
Walking Boots	Size 5 / 6 / 7 / 8 / 9 / 10 / 11 / 12 (some half sizes available)	
Waterproofs:		
Jacket with hood		
Over trousers		
Gaiters		

Gloves/mittens		
Headgear		
Equipment		
Rucksack with liner		
Compass		
Sleeping Bag- (in waterproof bag)		
Sleeping mat (in waterproof bag)		
Bivvy bag (orange survival bag)		
Water Bottle		
Other (Name):		
Other (Name):		
Other (Name):		
Combined Pack – including: Walking Boots / Rucksack / Sleeping Bag / Sleeping Mat / Bivvy Bag / Water Bottle / Compass / Waterproofs		

Equipment Issue - Date:

College Signature:

Parent / Carer Signature:

Equipment Returned - Date:

College Signature:

Parent / Carer Signature: